



WHITMAN-WALKER CLINIC

Lesbian, Gay, Bisexual and Transgender Health Services

Whitman-Walker Clinic is a nonprofit, volunteer-based health organization dedicated to providing high-quality, comprehensive, integrated and accessible health care services to the gay, lesbian, bisexual and transgender communities.

Primary medical care, including regular check ups, urgent care for illness, and specialty services such as pelvic and breast exams, STD screenings and referrals for outside services, is available to the LGBT community at Whitman-Walker Clinic. To schedule an appointment, call 202-797-3500.

All services are available to the Spanish-speaking community through bilingual staff and volunteers. Other translation services are available upon request.

Gay Men's Health and Wellness

- The **Gay Men's STD Clinic** provides confidential testing for sexually transmitted diseases, including HIV, on a first-come, first-serve walk-in basis for gay and bisexual men on Tuesdays and Thursdays from 6:00 to 7:30 pm at the Elizabeth Taylor Medical Center.
 - **Free hepatitis A and B vaccines** for DC residents.
 - **Screening for chlamydia and gonorrhea.**
 - Rapid syphilis screening.
- **Screening for human papillomavirus** is available through primary medical care.

Lesbian Services Program

Since 1990, the Lesbian Services Program of Whitman-Walker Clinic has provided a safe, supportive environment for thousands of lesbians, bisexual women, gender queer and transgender people seeking mental health and peer support services, health education and other direct services.

- **Behavioral health services** offer individual, couples and group therapy by licensed mental health professionals.
- **The Breast Health Initiative** offers access to mammography, clinical breast exams and breast self-exam education. BHI helps women with breast health/chest health concerns navigate the health care system.
- **Black Lesbian Support Group** is an affiliated nonprofit organization that offers supportive services and interaction in the lesbian and gay community to help increase black lesbian communication and visibility in the community.
- **Choosing Children** is the region's leading resource for members of the LGBT community who are considering raising a family. Programs provide information, support groups

and workshops on “Maybe Baby” readiness, legal safeguards, fertility, adoption and co-parenting options and the myriad issues surrounding parenting.

- **Peer support services** provide individual counseling and support groups facilitated by trained and supervised peer counselors to address issues related to coming out, relationships, health and wellness, aging and other common life issues.

Transgender Health Care

- Trans-affirmative **primary medical care**, including gynecological exams.
- **STD screening**.
- **Chest and breast exams** and chest and breast self-exam instruction.
- **Hormone therapy** for male-to-female clients.
- **Testosterone therapy** for female-to-male clients.
- **Support groups** for partners of transgender men and women and support groups for all genders considering transition are available.

Behavioral health care offers programs to promote the mental health of LGBT people, people living with HIV/AIDS, and their loved ones.

- **Professional psychotherapy and counseling** are provided by psychologists, social workers and pastoral counselors most of whom have had special training and are sensitive to the needs of LGBT people. Short- and long-term psychotherapy is available for individuals, couples and families.
- Staffed by addiction treatment professionals and specially trained volunteers, **addiction services** helps participants take pride in their sexual and gender identity and facilitates their recovery from addiction.
- **Gay Men’s Peer Counseling** and **Gay Men’s Peer Support Groups** are provided by volunteers who are trained in active listening, problem solving and various issues facing gay men.
- **Support and therapy groups** address a variety of concerns including, but not limited to, coming out, substance abuse, relationships and intimacy, HIV/AIDS, and parenting.
- **The Bridge Back program** is a residential treatment program in Northwest Washington for individuals dealing with emotional and substance abuse issues and HIV/AIDS.